

July 30, 2019

## **True Life Relationships**

Hello. Here is the balance plus donation for the class. I could not respond to the survey at first because I needed to digest all the information. I've been practicing the exercise in the take-home booklet and it is very beneficial. Thank you for providing that resource. I had a long list of occurrences to go over with the chair.

On the day of TLR, I entered the room with a heavy feeling of dread because of an event that was coming up in the family. A certain person had to be there that I struggle with every once in a while. I have completed counseling sessions with Grace Ministries; gone through forgiveness phase; put them in God's hands; prayed; wrote letters, kept a journal, read various books; let go, let God; but had serious emotional reactions whenever I had to be in the same room with this person.

Back in the day, during an argument, this person would keep saying, "hit me, go ahead, just hit me". I never understood that. Why would I want to; didn't make sense. Now that I've gone through counseling, found out where I am in Jesus, and peeled back layers and layers of the onion, I feel like I'd like to coldcock with a baseball bat!!! Now I recognize behaviors, words, actions, whys and it makes me furious that they still blame everything on me and do not take responsibility for their actions.

I learned so much from the seminar, but the one takeaway that put the key in the lock was "I do not need to figure out the resolve to anything that has been done to me." Chains dropped, bondage free again; satan has lost. I survived the event, and have become more aware. Thanks to you and your ministry!